

We Stood Up

Reflections on the Civil Rights Movement

Song lyrics

Freedom, Opportunity, Equality

Freedom, opportunity, equality
Freedom, opportunity, equality
Freedom, opportunity, equality
Freedom, opportunity, equality

In eighteen hundred and sixty-three
Lincoln changed the course of history
The Emancipation Proclamation
Words that inspired a nation
The 13th Amendment set the slaves free
With the promise of equality
The promise of America's civil rights
It's not just a question of black or white

Freedom, opportunity, equality
Freedom, opportunity, equality
Freedom, opportunity, equality
Freedom, opportunity, equality

The words written down
At the birth of a nation
In an independent declaration
Check it out

We hold these truths to be self-evident: that all men are created equal; that they are endowed by their Creator with certain unalienable Rights; that among these are life, liberty, and the pursuit of happiness.

Some were free, some were left behind
It was just a matter of time
For the red, white and blue
To have freedom, opportunity for me and you

Freedom, opportunity, equality
Freedom, opportunity, equality
Freedom, opportunity, equality
Freedom, opportunity, equality

Freedom, opportunity, equality
Freedom, opportunity, equality
Freedom, opportunity, equality
Freedom, opportunity, equality

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Free to Be

We are, we are free
We are free to be
Through struggle, sacrifice
Some even gave their life
'Cause we are, we are free
We are free to be
With this legacy
Comes responsibility

'Cause we are, we are free
We are free to be
We fought long
We fought hard
Nonviolence from the start
Fighting evil covered in sheets
Segregation for sure we beat

Andrew Young
Julian Bond
John Lewis, yea
They stayed strong
While we struggled for front seats
Not just them turned into we

'Cause we are, we are free
We are free to be
Through struggle sacrifice
Some even gave their life

'Cause we are, we are free
We are free to be
With this legacy
Comes responsibility

'Cause we are, we are free
We are free to be

Not just you
Now it's us
Come so far from back of the bus
In all we achieve
You just have to believe
This I know from a dream
Recited by Martin Luther King
And there is more for us to do
And I pass that torch to you

Now we are, we are free
We are free to be
Through struggle sacrifice
Some even gave their life

'Cause we are, we are free
We are free to be
With this legacy
Comes responsibility

'Cause we are, we are free
We are free to be
We are free to be
We are free to be

Free
Free
Free

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Song lyrics

Love

I'm gonna take that anger and
Write it down
March into town
Can you hear the sound?
I'm gonna take that anger and
Turn it around
And turn it into love

I'm gonna take that doubt and
Write it down
March into town
Can you hear the sound?
I'm gonna take that doubt and
Turn it around
And turn it into love

Love, love, love, love
Turn it all into love
Love, love, love, love
Turn it all into love

I'm gonna take that mistreatment and
Write it down
March into town
Can you hear the sound?
I'm gonna take that mistreatment and
Turn it around
And turn it into love

I'm gonna take that fear and
Write it down
March into town
Can you hear the sound?
I'm gonna take that fear and
Turn it around
And turn it into love

Love, love, love, love
Turn it all into love
Love, love, love, love
Turn it all into love

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We Stood Up

She sat down and she sat down. She sat!
A 1955 December day
Rosa Parks worked hard for her pay
She waited for the bus, at last she say
She'd pay her fare and be on her way
Sister Rosa was tired, had aching feet
So she went to sit down in the closest seat
The bus driver said, "You can't sit down.
I'm going to have to bring the policeman
around."
They asked her to move and she said, "No!"
So they took her to jail, and we said, "Wo!"
No more blacks are gonna ride the bus until
there are seats for all of us

She sat down
We stood up
She sat down
We stood up
She sat down
We stood up
We stood up, we stood up, we stood up

Let it be known by standing on your feet

Greensboro Woolworth five-and-dime
Lunch counter segregated at the time.
David, Franklin, Joe, Ezell
Agro-tech students that were keeping it real
They sat at the counter but were asked to leave
What happened next you would not believe
The next day 20, the third day 60
Three hundred sitting in this southern city
They sat at the counter in civil protest

Five months later their cause was addressed
The lunch counter was desegregated
The Greensboro Four were celebrated

They sat down
We stood up
They sat down
We stood up
They sat down
We stood up
We stood up, we stood up, we stood up

We changed the course of civil rights

We stood up...for liberty
We stood up...for peace
We stood up...for justice
We stood up...for creativity
We stood up...for love
We stood up...for acceptance
We stood up...for fairness
We stood up...for equality
We stood up...for humanity
We stood up...for kindness

We stood up
They sat down
We stood up
They sat down
We stood up
They sat down
We stood up
We stood up, we stood up, we stood up

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No More Us and Them

No more us and them
Let's talk about we
You and me

No more us and them
Let's talk about we
You and me

I'm on the left
And you're on the right
Each one of feels that each one of us is right
We call each other names and begin to fight
We draw lines that separate red, yellow, black
and white

No more us and them
Let's talk about we
You and me

No more us and them
Let's talk about we
You and me

We could build a world where we could fly so
high
We could find a cure where no more would die
We could build a shelter for all of us to live
Us and them may take but we could learn how
to give

No more us and them
Let's talk about we
You and me

No more us and them
Let's talk about we
You and me

I'm on the left
And you're on the right

Together we're strong
Together we could win this fight

No more us and them
Let's talk about we
You and me
No more us and them
Let's talk about we
You and Me

I have a dream that one day
This nation will rise up
Live out the true meaning of its creed
We hold these truths to be self-evident
That all men are created equal

No more us and them
Let's talk about we
You and me

No more us and them
Let's talk about we
You and me

No more us and them
Let's talk about we
You and me

No more us and them
Let's talk about we
You and me

No more us and them
Let's talk about we
You and me

No more us and them
Let's talk about we
You and me

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Education

*My name is London and I want to be a teacher
My name is Zachary and I want to be a police
officer
My name is Dana and I want to be a nurse
My name is Leo and I want to be a singer, actor
and dancer*

*Well that's great!
You know to be all the things you want to be,
you've got to stay in school and get a really
good
Education*

If there's something you want to do
If you think you can't make it through
If there's a problem you just can't fix
Ask a teacher, read a book or two
You might learn something new

During those days I just wanted to be able to
walk to the library and check out some books
I tried to read everything
I had a teacher at an all-black school who was
a wonderful teacher
She said read my child, read my child, read

If there's something you want to do
Education
If you think you can't make it through

Education
If there's a problem, a problem you just can't fix
Education
Ask a teacher, read a book or two
You might learn something new

And I learned early in my career that if you
surround yourself with people who are smarter
than you
You will have great opportunity

I'm an educator, I'm a teacher
I was able to open opportunities for people who
didn't have them
To get them to look at their potential
And that takes hard work, it takes persistence

If there's something you want to do
Education
If you think you can't make it through
Education
If there's a problem you just can't fix
Education

Ask a teacher, read a book or two
You might learn something new
Ask a teacher, read a book or two
You might learn something new

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Someone Thinks

*It's too hard; I am just not getting it.
Oh, but you can.
But the problem is I am not getting it. I have been trying over and over.
Oh Sarah, you know you can do anything you want.*

Someone thinks you're wonderful
Someone thinks you're a light
Someone thinks you're beautiful
And that someone is, someone is, me
Oh I believe in you, oh I believe in you

The clouds are forming in my sky
It rained all day so I just stay inside
I keep on saying I never find my pot of gold
And that I've been told
All my dreams have all been sold

Well look, there's a rainbow in your sky
Take my hand and believe
Come and touch the sky with me

Someone thinks you're wonderful
Someone thinks I'm a light
Someone thinks you're beautiful
And that someone is, someone is, me
Oh, I believe in you
You believe in me
Oh, I believe in you

The sun is shining
The clouds have passed me by
I use my hand to shade the sunlight from my eyes
The colors of your rainbow point to your pot of gold
And you say that you've been told
And all my dreams have all been sold
It hurt so much when the child inside cries
And it comes as no surprise to me
You can't see your own beauty

Someone thinks you're wonderful
Someone thinks I'm a light
And someone thinks you're beautiful
And that someone is, someone is me